

# **Certificate in Psychedelic-Assisted Therapies CPAT<sup>™</sup>**

# **CPAT Testimonials**

"One of the things I've been doing a lot in the last year is teaching on the Mind Medicine Australia training course, which I think is the best course in the world for educating people about how to use psychedelics and how to develop, through that, in Australia, several hundred people who have the competencies and knowledge to potentially be therapists for this kind of treatment." - **Professor David Nutt (UK), ABC News** 

"This course is the gold standard for training in psychedelic therapies. The scientific rigor and depth will challenge even seasoned medical practitioners. The breadth and openness of the application of complementary holistic practices will challenge and broaden the worldview of therapeutic potential. I am a better psychiatrist and better person for having participated. Let's build to great heights so we can witness deeper horizons together."

# Dr Julian Dodemaide, Psychiatrist, QLD

"A truly ground-breaking course on a new-old area of psychiatry. A must for anyone interested in challenging their preconceptions and offering something new to their patients. Delivered by a world class faculty and thoroughly recommended." **Dr Kevin Ong, Psychiatrist, VIC** 

"The CPAT course covers all didactic material relevant to 'psychedelic therapy' delivered by international and Australian experts. The 'retreat', led by experienced facilitators, is the peak and heart of the course, giving trainees a deep, natural, transpersonal, drug-free experience of mimicking the psychedelic state."

### Dr Stephen Proud, Psychiatrist, WA

"There are so many words to describe this experience but the one that comes to me is profound. The space the facilitators created was one of respect, trust and safety, and this allowed participants to drop in, be vulnerable and engage in and with learning and personal growth. There are so many elements of learning that I will take away from this experience and integrate into my personal and professional life. I cannot thank MMA enough. Much gratitude and love." Narissa Miller, Psychologist, QLD

"This course will provide you with the latest science around psychedelics and it will help you develop/grow on a personal level. During the residential you will integrate all the science into personal growth. It's a really enriching journey." Pauline Butler, Psychologist, VIC

"I'm a doctor, an Aboriginal grandmother. The CPAT course was a highlight in a lifetime of learning experiences. The impressive cadre of teachers and colleagues gave us a feeling of privileged connection. I loved our teachers. And seeing what our colleagues brought with them to the Residential made it a memorable, mind-expanding and spirit-nurturing experience. It's not often in



the world that a group of people comes together knowing they can create something beyond the ordinary. This course was that. I got smarter in the many different kinds of intelligence. I feel ready to use what I've learned to care for people in a profound, powerful way." Dr Janelle Trees, General Practitioner, VIC

"This training not only marries scientific, Western, research-based knowledge with ancient, age-old, holistic knowledge. It puts the participant through a journey as well. Change is not only individual. It is not only in groups. It is all of the above. And more."

# Dr Paul Meens, Psychiatrist, New Zealand

"I was initially sceptical about the course/workshop, but I was excited to learn more. What I learnt was something completely unexpected. I learnt a lot about me, my feelings. ... my connection with nature and lots of things. I cannot express my gratitude in words. I am so thankful for this unforgettable experience. Thank you very much MMA."

# Dr Anand Choudhary, Psychiatrist, QLD

"Awesome course honouring mind and heart, facts and feelings, patients and self, sacredness and realness."

# Alyosha Jacobson, Psychiatrist, NSW

"If your heart feels expanded and energised by your toying with the idea of doing this course - do it. Let your heart guide you. The wisdom, the experience and the humans of this course and to facilitators makes for a powerful, rich, informative and balanced journey. A perfect blend of head, heart and body. I guarantee you will leave as a better human, more open, more in flow and more connected to yourself, others, community and the essence of care and service. Be a part of what truly heals! A huge thank you."

# Emma Goodfellow, Psychologist, WA

"The Mind Medicine CPAT course was life changing. The instruction & education received from world leaders in the space not only set us up regarding knowledge of the field, but also allowed us to draw from decades of real-life experience. I feel that the course covers all main aspects of PAT in detail, which is consolidated with practical activity at the residential. The course will challenge and charge you. I feel well-equipped to commence my PAT and feel as though I am generally a better therapist and person after this experience. Thank you, team!"

# Maddy Austin, Psychologist, NSW

"This course gave me the courage and knowledge to care in my fullest capacity. I went into medicine with the pure intention of caring for others, but in the process of becoming a Doctor, I lost my caring vocation and distanced myself from that impulse through professionalism. I became embarrassed to care. But now, thanks to CPAT I've been revived and my caring vocation has been rehabilitated. The profoundest thanks to all the CPAT team." David Stewart, Doctor, WA

# "Attending the residential week at Mind Medicine Australia was truly transformative. I learned so much, not only about therapeutic approaches but also about myself. The safe, supportive environment allowed me to connect deeply with others and build meaningful relationships with incredible people. I felt truly understood, seen & supported, which gave me the courage to open my



# heart and discover what it feels like to genuinely feel again. This experience will stay with me, and I'm incredibly grateful for the growth and connection it brought into my life." Newsha Javahery, Psychotherapist, NSW

"This weekend was the most rounded professional development I can remember doing – I felt nourished in mind, soul and body. Not usually a networker, I surprised myself by connecting with many people that I am sincerely looking forward to meeting again and hopefully working with in the future. Even though the programme was intense, I feel inspired not exhausted; I think this is because there was such a supportive and empathic group of facilitators and participants. My gratitude to Mind Medicine Australia – I'm wearing our T-shirt as I sit at the airport & type, just hoping for when someone asks me what this is all about!"

# Dr Ria Leonard, Psychiatrist, NSW

"I was somewhat sceptical about attending the course and uncertain if CPAT is something I would contemplate using in my clinical work. Since gaining a greater understanding of Psychedelic Assisted Psychotherapy (PAT) through reading the journal articles and research evidence provided throughout the course, my scepticism lifted. The teachers were of high calibre consisting of renowned academics, highly respected researchers and experienced practitioner in this field. There was a mix of cuttingedge research information and practical experiences presented throughout the course. I feel I have gained more than I expected from attending this course." Alfred Chung, Psychiatrist, QLD

"MMA has advocated for and played a crucial role in opening up the era of psychedelics for authorised prescribers. MMA's course is extremely thorough, inspiring and enjoyable. It is flexible in that the first 3 months are delivered by zoom on a Sunday and can be viewed at other times to suit individual schedules, though being present in person on zoom gives a great sense of connectedness and there is time for group participation in the Q+A at the end. The 6-day residential at the end is a delightful time to learn from the energetic and entertaining speakers in person. It is a great experience meeting other professionals who are like-minded being integrated in therapy and realising the great potential of psychedelics to significantly improve the burden of mental illness. It is a lot of fun and a great sense of community develops. There is opportunity to connect and make meaningful connections for the future. I highly recommend the MMA CPAT course." **Dr Lana Lubimoff, Psychiatrist, QLD** 

"This was an excellent course - thorough, well-planned and well-presented and left no stone unturned in terms of academic material, practicals, and an outstanding residential." Anne Dale, Clinical Psychologist, WA

"Reflecting on the past week at the Sydney residential CPAT training with Mind Medicine Australia. Not only have I been blessed with making what I think will be lifelong friendships, but I have grown both personally and professionally beyond what I could ever have expected. Thank you! I am so excited to be at the forefront of this "renaissance" of plant medicines and truly believe that they will offer hope and a way forward to many who have felt disheartened with current mental health treatments."

Kristy Ross, Clinical Psychologist, NSW



"In my 30 years of work as a psychologist, I have never attended such an engaging and informative course of this calibre. The lecturers are world class experts in the field providing not just theories but also practical teachings along with experiential training. This course broadens my mind and also my heart."

#### Maurizio Romano, Psychotherapist

"The most engaging, interesting and enjoyable course I have attended." Dr Eoin Wilson, Psychiatrist, NSW

"The CPAT course surpassed my expectations. Not only that it was well organised and covered a wide variety of topics presented by exceptional, inspirational speakers from different professional backgrounds, but most importantly it culminated in the residential week including an incredible breath-work experience which embodied a heart felt invitation for connection and growth with others. Such embodiment is indicative of the deep changes needed in mental health of which I hope PAT is a part."

#### Dr Elena Krylova Psychiatrist, WA

"I am a current CPAT student (due to graduate in June). I've done a lot of somatic professional trainings and the CPAT course is the most rigorous and well-organised program I've participated in. I've been really impressed with both the learning materials and the quality of the experiential classes. I absolutely recommend it."

#### Raquel Dubois, Somatic Trauma Psychotherapist, QLD

"I was definitely where I needed to be. I was having questions about how this course would enrich me. This is the best personal development we have ever done, and the things we learnt will carry us to many beautiful journeys."

### Natalie Butyn, Psychologist, VIC

"The Certificate in Psychedelic-Assisted Therapy was life changing both as a practitioner and finding a community of practice. The teaching is world class. The content of the course comprehensively prepares practitioners for work in psychedelic-assisted therapy. The experiential classes widen the lense with complementary practices that are core skills for this work. The residential component is a wonderful culmination of all that this course offers and more. The staff are kind, supportive and helpful. I am grateful for all that I have received from this course and look forward to being involved in this emerging field."

### Shannon Lea, Psychologist, NSW

"Honestly, I've been studying continuously for over 20 years and this has been the best course I've ever done by a long way. I work in the learning industry both in facilitation and content creation so can be hard to please, but CPAT has blown me away. The quality of the content and the facilitators has been excellent. The program itself has such heart and seems to attract practitioners who genuinely want to do good in the world. Everything about CPAT has been such a dream and I am so genuinely sad that it's over."

#### Rebecca Sharp, Psychotherapist and Counsellor, NSW

"The MMA CPAT course is a great entry point to the world of psychedelic therapy. The course is very informative, the experiential sessions are amazing and the residential is a great way to put all the pieces together. I really enjoyed my experience at MMA CPAT course." Heidy Talina Tapia Martinez, Provisional Psychologist, NSW



"MMA is changing the landscape of mental health care in Australia and the world, not only in introducing MDMA and psilocybin treatment but also in teaching an approach that is holistic, mindful, patient centered and revolutionary. I benefited from the training from world-leading experts in the field and most of all, I leave residential as a changed practitioner, with the ability to be much more fully present to patients' experiences & journey. Very grateful for the MMA leaders who contributed to our learning with generosity, grace and a lightness of spirit combined with a depth of knowledge. Much Gratitude."

# Claire Gomez, Registered Nurse, NSW

"Really interesting and rich course. With teachers full of knowledge. The residential is an experience itself. Really recommended."

# Andrea Roig Planells, Psychologist, NZ

"CPAT is more than just a course—it's a historically ground-breaking, important journey. Led by an extraordinary international group of educators who are undisputed leaders in their field, this professionally run program strikes the perfect balance between knowledge and practice. It has been a deeply transformative journey for me, leaving me inspired and hungry for more. I can't recommend it highly enough!"

# Caroline Shahbaz, Psychologist, VIC

"The beautiful thing about this course was that it was not merely about training and the academic side of it, but it was an amazing opportunity to explore myself and to truly connect with a bunch of lovely human beings."

# Elisa Chianale, Provisional Psychologist, NSW

"I am a senior mental health nurse and psychotherapist working in public sector mental health sector. The sad fact of our work is that chronic sub-optimally treated, complex trauma presentations with recurrent affective features such as depression are common experiences for many consumer presentations. We treat their symptoms as best we can but we know that many people do not achieve a lasting resolution. We desperately need a new paradigm in mental health treatment. CPAT has provided me with a rarely experienced truly transformative training. The quality of their international teaching faculty is beyond excellent. The instructional design is cogent and easy to follow, it seamlessly incorporates truly expansive online learning resources with terrific live podcasts from Australian and international experts. Questions are quickly responded to. Their five day residential workshop retreat, which winds up the instruction is a specially curated training that extended me further than any other training experience l've had in my 40+ years in mental health nursing practice. This course provides a rare opportunity to unlearn redundant practices and best of all, renew our hope for truly transformative treatment."

# Robert Ngatae Scott, Psychiatric Nurse and Psychotherapist, VIC

"The CPAT journey is a rich and vibrant process where I felt held, seen and supported by all the team and cohort. I loved the experience of mixing with practitioners from such diverse backgrounds and different parts of Australia and beyond. I greatly appreciate the degree of deduction, professionalism and support at each and every stage of the course. I highly recommend this course for anyone interested in training in working with people in PAT. Together we can cocreate and weave richer and more supportive experience to help relieve suffering in this world. Namaste." Mary Brock, Therapist, NSW



"The calibre of lecturers and staff on the MMA course was absolutely exceptional. The are some of the most renowned leaders in this field. Following this course I felt very well training and prepared to work in the field of psychedelic assisted therapy. The course offered all that it promised and more. As a social worker and therapist I highly recommend this course and look forward to seeing the development of this field of work as it grows within Australia over the coming years." **Catherine Saleh, Social Worker, NSW** 

"It was such a profound "altered state of experience" that I had with MMA's CPAT course. Now I have no fear in speaking authentically, completely following my heart, and tuning into my higher self. I highly recommend anyone interested in MMA's CPAT course to follow their intuitive calling. Plant medicine has always existed on this planet for healing, raising frequencies to access wisdom and knowledge, and promoting evolution. It was my honour to meet Peter, Tania, and all the facilitators and beautiful souls during the retreat - truly an unforgettable experience." Yatong Wen, Social Worker

"Amazing professionals, amazing organisation. Beautiful way to hold space and manage a group. Thrilled to be part of this journey. My expectations of this training were achieved. Thank you." Jose Palacios, Clinical Psychologist, Ecuador

"An insightful and powerful course backed by extensive research and knowledgeable teachers." Carlos Barca, Psychologist, SA

"Rich in research information, clinical guidance, and fascinating ideas. A truly enriching experience. Transformative." Fiona Lange, Clinical Psychologist, VIC

"The bringing together of many modalities and these practitioners was a unique opportunity to learn and grow professionally and personally. Very grateful to have had this opportunity and worth every cent and more. Thank you."

### Christopher Blogg, Counsellor, NSW

"Exceeded all expectations. Feels great to be part of the psychedelic renaissance movement with such a world-leading organisation. Lots of gratitude. Thank you!" Matthew Longuet-Higgins, Mental Health Social Worker, NZ

"I appreciated the absence of domination and hierarchy in the learning framework. It is plain to see that there is a web of relationality that generated a safety that is absent from institutional learning in Australia. This meant I could show up in the wholeness of myself & learn and receive more deeply."

### Louisa Dick, Mental Health Nurse, NSW

"I feel enriched! The residential culminated in a truly magical few days that has enabled me to grow both as a person and as a clinician. I can't express how beautifully held and supported we were. Deep connections with self, with others and with the sacred. Thank you for such a powerful, memorable, and inspiring experience."

Jodie Neal, Mental Health Nurse, NSW



"A deeply rich daily immersion into concepts and skill acquisition to assist in the journey of becoming a psychedelic clinician/facilitator. Many core concepts and activities are able to be translated in my current practice in remote area and critical care health delivery." **Rebecca Hardwick, Remote Area Nurse, QLD** 

"Participating in the psychedelic-assisted therapy course was a profound and enlightening experience. The instructors brought a wealth of knowledge and expertise, guiding us through both the theoretical foundations and practical applications of psychedelic therapy with sensitivity and clarity. Throughout the course, I gained a deep understanding of the therapeutic potential of psychedelics in treating various mental health conditions, including anxiety, depression, and PTSD. The curriculum was well-structured, blending scientific research with historical perspectives and ethical considerations, which provided a comprehensive view of this emerging field. What impressed me most was the emphasis on safety protocols, ethical practices, and integration techniques. The course not only prepared me to work responsibly with psychedelics but also highlighted the importance of creating a supportive and healing environment for clients. I feel empowered and inspired to incorporate psychedelic-assisted therapy into my practice, knowing that I've received topnotch training from this course. I am grateful for this transformative learning experience and highly recommend it to any mental health professional interested in expanding their therapeutic toolkit." **Travis Rogers, Clinical Services Manager, QLD** 

"This is by far the best PD course that I have ever attended! (Having attended over thirty different workshops, and PD of all sorts). To the facilitators and teachers: there are honestly not enough sufficient words to express my gratitude and appreciation to you!" Tamryn Morgan, Psychologist, NSW

"This course satisfied my curiosity to learn more about this breakthrough therapy and simultaneously expanded my fascination to learn more by exposing me to aspects of the work where my own ignorance was previously unknown to me." **Reece Flowers, Provisional Psychologist, QLD** 

"I have found the CPAT course very educational. I feel that my understanding of the medicine has improved, and the course has prepared me to both sit with patients on the medicine and to help them integrate their experiences. I would highly recommend this course to other practitioners interested in this emerging science."

Rimona Burke, GP, NSW

"Any self-proclaimed 'evidence based' clinician should do this course. Psychedelic medicine is here; learn about it and you will not only understand it better, but it may reinvigorate your career." **Dr John Farrow, General Practitioner, NSW** 

"The CPAT course run by MMA is world class. Lecturers are knowledgeable, experienced and passionate and content is comprehensive and extremely relevant to working with psychedelics - in any context. Highly recommend to any practitioners that want to learn more and/or work in the space in the future."

Emma Park, Nutritionist, VIC

"The MMA course was such an incredible collaboration of science and soul, mind and heart, knowledge, and gnosis. Not only were we given all the education and skills to do this work, but we were also given the deep exposure into psyche, to ensure that we do it with compassion,



# professionalism, and reverence. I'm so excited for the future of psychiatry thanks to MMA." Ashe Young, Psychotherapist, WA

"I had a great, meaningful time. It's so rare to bring a group of people with the same interest and passion for self-growth and helping others together. This world suffers from a huge PTSD and needs this so much. Thank you."

Helena Andrejkova, Counsellor, NSW

"Absolutely magic! So grateful for this experience. Thank you." Laura Mathieson, Psychiatric Nurse, VIC

"I am so thrilled to have met such outstanding conscious people who are truly here to make a difference. Thank you (MMA, Tania & Peter, David, Lauren) all so much for the work you're doing and the invitation to join a movement of alleviating suffering upon the planet." **Deborah Husbands, Colour Therapy Teacher & Practitioner, QLD** 

"The course was exceptional. The content was so well put together and delivered by extremely professional presenters. Ben and Lauren were completely amazing. I felt challenged and held throughout the entire experience and the balance of 'head' and 'heart' worked very well. The breathwork was the highlight of my experience. I went into the session with a lot of anxiety but felt completely safe and held by both my sitters and the facilitator. Craig and Maurizio have an incredible presence and skill at creating a safe container. Overall, I would strongly recommend anyone thinking of doing the course to jump in and expand your mind and heart. Thank you all." **Susann Keating, Psychologist, WA** 

"I came to acquire knowledge about being a psychedelic therapist, and I got that, and so much more! This was such a mind-expanding, heart-opening experience. If you are curious follow your instinct, enrol, and enjoy the journey!"

# Angie Randell, Psychologist, QLD

"One of the best courses I have attended since graduating, all those centuries ago. Well organized and presented; the instructors were world leaders and very good teachers. The residential was the highlight for me; not only mixing with a varied group of people, but having the chance to experience breathwork and sit with a person undergoing the experience." **Dr Adam Nuttall, General Practitioner, WA** 

"Before this course, I knew very little about how psychedelics could be used in therapy. But what I've learned and experienced has completely changed my perspective about this medicine and line of treatment. All staff were incredible, each one brought their own stories and knowledge from the world of psychedelic research. They made the complex ideas easy to understand and really interesting. Their passion wasn't just inspiring; it made me excited to learn more every day. One of the best parts of the course was the variety of knowledge and experiential components, these weren't just lessons; they felt like personal journeys into understanding how to help others with this medicine. The residential experience was one like no other, it is very rare that you can connect with so many like-minded people and have such vibrant discussions.

But more than the lessons and the teachers, this course made me feel like I was part of something big. Being involved in the psychedelic renaissance, a movement that's exploring new ways to heal



and understand our minds is really special. It's more than just a course for me; it's a community where I feel like I belong and can make a real difference." **Zena Chahine, Therapist, NSW** 

"The collective international faculty was an incredible collection of the greatest minds behind PAT both current and over the last 50+ years. It was such a privilege to be involved with this team of presenters, effortlessly facilitated by Dr Gita Vaid. The course material was relevant, especially with the TGA rescheduling this year, and the residential provided the opportunity to meet face-to-face with classmates, facilitators, and members of the MMA team." Anne-Marie Dean, Psychotherapist/Counsellor, TAS

"The CPAT course covers everything you need to know about psychedelic treatment from the history and pharmacology to medical dosing, therapeutic treatment, and recovery. MMA has attracted international experts from psychiatry, psychology, and medicine to provide university standard training in all relevant aspects. Weekly seminars included speakers from the UK and USA, many of whom have spent their lifetime studying and teaching about psychedelic medicine. An absolute wealth of knowledge in a live forum allowing questions to be answered. The course is rigorous, and a high standard is expected from students. It is definitely the best course I've attended in many years, and I feel able to embark on the work on completing the certificate." **Lorna Burns, Psychologist, New Zealand** 

"CPAT provided an intersection of evidence-based information and experiential learning. I was invited to explore the edges of my personal growth in terms of openness to interdisciplinary practice and openness to other perspectives both medical and spiritual. I have made friends and formed professional connections. I'm looking forward to CPAT 2.0." **Megan Smoak, Psychologist, TAS** 

"Brilliant mix of practitioners with diverse experiences of life. Mixing information requiring brain power with heart-based connection for holding the compassionate space, which is required for this therapy. Each member of the group shared in this melting pot of personal growth and professional network connections. Vibrant conversation and private contemplation and reflection all had their place in the 6-day intensive retreat. The online modules gave flexible learning potential in bite sized modules with a wide range of expert contributors."

### Dr Jo Battye, General Practitioner, New Zealand

"Mind Medicine has beautifully integrated the scientific and the heart of this innovative new frontier. The network, connections, knowledge and wisdom is shared with such passion. A new era is arising and we (and you, if you choose to be a part of it) get to help those suffering and give hope for healing the mind, body, and spirit."

### Dr Amy Carmichael, General Practitioner, QLD

"Pete Levine teaches us that the reason zebras don't have PTSD is because if they escape being taken by a lion or tiger they run back to their herd and shake under a tree until the trauma passes through their body. We don't do this well enough. During the breathwork I had lots of somatic symptoms shakes, tremors, full body seizure-like experiences. I realised partway through my journey that I was being a zebra. I was held, I was safe in the container created by my sitters. I was able to release and shake the trauma trapped in my body out into the room, into the Universe, permanently. It was an incredibly profound experience which will stay with me forever. My body knew what I needed and the



breathwork – the set and setting – the sitters, ensured that it was possible. Jay Ellul, Counsellor, QLD

"A thorough provision of contemporary research and perspective on the value of psychedelics in healing human trauma, disease, and suffering. An essential arm in treatment that must be cultivated for those in need. Mind and spirit presented, explored, and validated in the curriculum – empowering practitioners into the near future of the area of growth." **Donna Wheatley, Psychotherapist, VIC** 

"The CPAT course was an extensive program with specialist lectures from all the worlds' authorities on these safe medicines that have such capacity to provide significant reduction in mental health, improved quality of life, and reduce economic load on health services. Practical training was relevant and has trained a significant cohort of health care workers who can provide safe, directed psychotherapy pre and post dosing for the highest outcomes and efficacy." Joanne Bullock-Saxton, Physiotherapist, QLD

"It's amazing when so many parts of your life align. I found this through the CPAT course. It's like waking up and becoming something you have been waiting for. You begin to see how real change for people in this world who are hurting, can be possible. It's infectious and you can't help but just want to be part of this - it will be amazing - so much more to come - get excited!" **Trudi Hayes, Social Worker, NSW** 

"At the risk of seeming like hyperbole, this course was exceptional and by far the best post-doctoral training I have done. Delivered by world leaders in the field, skilfully intertwining cutting edge neuroscience and therapeutic principles with passion and compassion, the learning which results would enhance any mental health clinician's practice. I cannot recommend highly enough." **Dr Francis Goodstadt, Psychiatrist, NZ** 

"Absolutely one of the stand-out courses of my entire 30-year career.! Professionally organised and ethically driven. This is a course that successfully maintains a solid scientific research base, whilst creating enough space to explore the more esoteric nuances of psychedelic-assisted therapy." **Paul North, Psychologist, NSW** 

### "What a treat of a course!

Great content, well rounded facilitators/ teachers and a loving cohort. One of the best PD courses I have participated in and an important way of integrating ancient wisdom and cultural backgrounds into practice. Exciting times to grow together and collaborate! A big thank you to all of the MMA team for your constant work and contributions! Great work!" **Gino Ascenzo Bahamonde, Psychologist, NSW** 

"I recently completed the Certificate in Psychedelic Assisted Therapy (CPAT) at Mind Medicine Australia and was thoroughly impressed by the experience. The course was exceptionally wellorganized, with outstanding administrative support that made the entire journey smooth and engaging. The content covered was highly relevant, offering deep insights into the latest developments in the field. What stood out to me was the caliber of the presenters. They were renowned scientists and practitioners possessing a wealth of practical knowledge, making each session not only informative but also inspiring. The course brilliantly blended theoretical learning with practical, clinical considerations, ensuring we were well-equipped to apply our learning in real-



world scenarios. The residential component of the course was a highlight. It was impeccably organized in a serene and conducive setting, coupled with excellent food. This residential experience provided a unique opportunity to network with peers and experts, which is invaluable in the growing field of Psychedelic-Assisted Therapies. Overall, the CPAT course offered by Mind Medicine Australia is an outstanding program for anyone looking to delve into or advance their career in this exciting and evolving field."

# Rita Csako, Registered Psychologist, NZ

"Good course with relevant content from psychiatry/ therapy/ psychopharmacology/ ethics to name a few.. The lectures has been interesting, great speakers that are inspiring. Quizzes/assessments are very manageable next to full time work/ family. The residential was quite the experience! Would definitely recommend."

# Dr Veronika Saba, General Practitioner, WA

"I have thoroughly enjoyed the Mind Medicine CPAT training. From the quality of the content to the incredible lecturers and the cohort of colleagues, every week has been so informative and inspiring. I'm thrilled to be part of the PAT movement in Australia, and forever grateful to Mind Medicine for all the work they have done to get us here! I highly recommend the course to other therapists, this work is so important, not just for improving mental health - but for healing communities and humanity." **Emma Park, Nutritionist, VIC** 

"Comprehensive, insightful, professional, well-rounded course with a stellar line-up of internationally acclaimed speakers, renowned as experts. An excellent underpinning and thorough preparation for commencing therapy in this area. Delivered with heart and vulnerability in a practical residential intensive at the end of the course. You will not find a better course in this subject anywhere else." **Dr Ken Lee, Psychiatrist, WA** 

"One of the great things about learning online is that our learning is not constrained by geographical barriers. During this course we received lectures from world leaders in the field. It was a wonderful and inspirational learning experience."

### Dr Michelle Wellington, General Practitioner, VIC

"The Psychedelic Assisted Therapy program offered by Mind Medicine Australia was extremely informative and personally enriching. I looked forward to the stimulating Zoom meeting sessions each week. The instructors created an enjoyable learning experience for the participants. The instructors came from diverse backgrounds which reflected the diversity of the students. I felt the different opinions and thoughts on the use of psychedelic substances in medicine was helpful in creating a healthy learning environment for everyone. There was a sense of group unity in air of uncertainty as it stands with Psychedelic Assisted Therapy at this time. The residential training gave me the confidence I needed to move forward, as this emerging medical specialty develops into whatever it will finally become in Australia. I am truly grateful to Mind Medicine Australia for the considerable time and effort expended in making Psychedelic-Assisted Therapy a possibility in Australia."

David Mandrake, Chaplain and Counsellor, QLD



"Undertaking the CPAT course proved to be an intellectually and professionally enriching endeavour that shaped my academic and experiential framework. The teaching environment was characterised by an exceptional confluence of erudition and empathetic guidance, emanating from a cadre of world- renowned instructors and facilitators whose knowledge and commitment to the subject matter were of an extraordinary calibre. The didactic modules, which were well curated, enclosed a combination of empirical research and theoretical frameworks representing a pinnacle of the psychedelic-assisted therapeutic interventions. The quality of the course did not merely lie in its exploration of psychotropic agents but rather in its multidisciplinary approach, where historical backgrounds, contemporary scientific paradigms, and pragmatic applications are explored. There was also an intellectual commitment to methodology and ethical rigour with the highest educational standards within this emerging field. Highly recommended!"

Marjane Beaugeois, Psychotherapist/ Counsellor, VIC

"The CPAT has exceeded all expectations I had when I applied. I highly recommend this course to anyone in the field. The expertise and networking are second to none. I feel part of something that will change the future of mental health in Australia." Vasileios Tsaikalis, Psychotherapist, NSW

"I had the most wonderful and profound weekend. Thank you for allowing us to experience Holotropic Breathwork. Please know by doing so you are allowing us to better support our clients by supporting ourselves."

Chloe Panayiotou, Psychologist, VIC

"The course to date has been priceless and an invaluable opportunity to be a part of the medicine work moving into the future. I cannot recommend it highly enough!" Jon Hart, Psychologist, QLD

"What a pleasure to be a part of the first cohort of MMA's Certificate in Psychedelic Assisted Therapies. The quality and breadth of the material presented at our first weekend of in-house teaching was remarkable; as was the experience and diversity of the participants. I have increasing hope and optimism that as the rescheduling of psychedelics is considered and more practitioners seek training in this field, people living with treatment resistant mental illnesses in Australia may soon have safe access to these potentially transformative medicines. I'm excited to have met so many people passionately working to facilitate this." **Dr Jo Howe, GP, TAS** 

"I was amazed by Wade Davis's talk Sunday. It was more of a work of art than a lecture. In 55 years of education I have rarely heard such mastery of a topic expressed so poetically." **Dr Jack Springer, Emergency Physician** 

"Mind Medicine Australia continues to impress. I have completed various higher education qualifications, as well as the less formal experiential retreats and personal development courses, from the quirky, to the evidence based. The CPAT provides a holistic framework that encapsulates a strong academic approach and faculty with a truly authentic therapeutic model. It would not be an exaggeration to say that the CPAT is life changing." **Kelly Rae, Psychotherapist, NSW** 



"I just competed the CPAT course in Melbourne and it was one of the finest, well thought through, academically informative and robust programs I have had the pleasure of being a part of anywhere." **Dr Mary Lanier** 

"The holotropic breathwork weekend intensive was beautiful. It just feels like I belong here, in this group, in this work. Overall, I find this group and the breadth of content covered in this course immensely gratifying and reassuring." Vincent Clementine, Counsellor, VIC

"What an incredible course! I met so many incredible colleagues who are now friends and learnt so much- my brain is bursting! Amazing value- we were absolutely spoilt. What a wonderful thing to be

part of." Ella Morter, Counsellor, QLD

"This course is clearly run by passionate and dedicated people. The MMA teaching team seem to have taken every step to make this course a truly top tier program. I can't wait for the next weekend intensive: holotropic breathwork."

James Steevenson, Mental Health Nurse, VIC

"The highlight of 2022 has been learning about Psychedelic Assisted Therapy (PAT) from outstanding teachers, from William James (1890s) through to today's leading PAT practitioners and professors, each with decades of relevant experience, in a brilliantly arranged curriculum put together by Mind Medicine Australia for their Certificate in Psychedelic Assisted Therapy. I found the course practicums (workshops) as enjoyable as the weekly webinars. Any University wanting to incorporate PAT into a Masters programme will be very hard pressed to do any better than MMA. Without doubt PAT will become a major contributor to the Australian mental health profession this decade. Today's MMA PAT students will be the pioneers and leaders in clinics, hospitals and growth centres of tomorrow, a tomorrow that is rapidly heading our way."

Denis McCarthy, Clinical Psychologist, Fremantle, WA, AU

"I have thoroughly enjoyed the course. Very worthwhile. The instructors are highly experienced, have deep knowledge and amazing teaching skills. The venues are great, food amazing. I had some great breakthroughs during the breathwork sessions. I have also made some great friends, there is a great spirit amongst us and I really appreciate this. I highly recommend the CPAT." **Dr Matt Worthington, Clinical Psychologist, QLD** 

"The CPAT course is amazing. Never ever ever have I been so engrossed and hungry for knowledge. The calibre of the educators is exceptional. If you are thinking about doing this course do it without hesitation. It is the bomb."

### Gareth Wild, Coaching/Counselling Psychologist

"As a psychotherapist I have undertaken many varied courses and trainings and am happy to say that the CPAT training has for me, been absolutely up there with the best. I am already seeing the results in my 'everyday' clinical practice and life. I am so grateful for this amazing training. Thank you."

Pamela Pannifex, Psychotherapist, Couples Therapist, Naturopath M (Couns & App. Psychoth), N.D.



"The MMA CPAT course was the best researched and structured course I have ever enrolled in. The faculty and David were outstanding. Their wealth of knowledge was equalled and probably exceeded by their passion and belief in the whole CPAT process. They made the course feel like a really good TV series that just got better and better and pity it had to come to an end. Again, huge thanks to everyone involved."

#### John Lee, QLD

"I found the CPAT training course very comprehensive offering extensive knowledge from enthusiastic global experts. The well-organised staff contributed to a positive atmosphere and provided plenty of material from relevant research studies and psychedelic medicine books. Administrative communication was excellent, with prompt follow-up on queries and regular schedule updates. The presenters were carefully selected and there was always opportunity for questions during online sessions. The experiential sessions were also of great value with a lot of demonstration and interaction. In the residential phase, the course was set in a peaceful, learning-conducive environment and staff and guest trainers demonstrated high professionalism, contributing to positive group dynamics and connections amongst the students. Overall, I would highly recommend this course which offers ongoing support and a solid foundation for professionals entering the field of psychedelic-assisted therapy."

#### Mark McElroy, Psychologist, QLD

"The CPAT course totally surpassed all my expectations. The lecturers and guest speakers were outstanding and world class. I went into this course with a bit of hesitance due to the fact that this therapy isn't legal yet outside of clinical trials. I am so glad that I followed my intuition and went ahead regardless. I have made lifelong connections and friendships with extraordinary like-minded people. This course has not only changed the way I currently work with my psychotherapy clients but I would go as far as to say that it has changed the trajectory of my career and life. I am forever grateful."

### Nikki Lucas, Psychotherapist, SA

"The CPAT course was the perfect balance between educational content integrating skills and knowledge and personal and professional growth. Thank you!" Petrina Roennfeldt, Mental Health Nurse, SA

"The CPAT course is great." Michelle Baxter, Psychotherapist, WA

"I found the course very enriching both as a therapist and as a person showing up his best version of himself in life. I am excited about the prospect of working in this field." Jack Chang, Doctor, WA

"CPAT is a great course to understand the nuts and bolts of psychedelic-assisted therapy. It is making a great contribution to the Australian mental health treatment landscape. It was a safe and responsible journey." **Amit Banerjee, Psychiatrist, WA** 

"This is one of the best, if not the best training experience I have had. World-class presentations and solid academic backing. The experiential parts bonded seamlessly and prepared me for this exciting journey to help my clients. I wholeheartedly recommend doing it." Johannes Alberts, Clinical Psychologist, NSW



# "Couldn't have been a better experience. The facilitators, information and knowledge were outstanding. So grateful. Feel so excited and privileged to be on this journey." **Cobie Bevan, Social Worker, WA**

"As a therapist, I found the training and resources provided by MMA to be truly transformative. The team is not only incredibly knowledgeable but also warm, supportive and deeply passionate about the work they do. The experience was a perfect blend of rich information and practical insights, allowing me to consolidate and expand my understanding of psychedelic therapies. Every session felt like a step forward in my professional journey, and I left feeling more equipped, inspired, and connected to this powerful field of healing. I can't thank the team enough for their dedication to advancing this amazing field."

### Sarah Mounajed, Psychotherapist and Counsellor, NSW

"This course is exceptional, informative, educational and inspiring. I'm excited for the future in this mental health space, especially guided by these world class educators and facilitators. Thank you." Angela Spall, Doctor of Chinese Medicine, QLD

"90% of all helpers are hungry to support others. Psychedelic-assisted therapy is not the out of the box training. The professionals are leaders with hearts in the right place. This course with the right mindset is a professional and personally therapeutic journey for all healers/helpers out there." **Rodney Stanton, Social Worker, ACT** 

"Enriching and inspiring course filled with inspirational and passionate facilitators. Highly recommended!" Kelly Whitewood, Somatic Trauma Therapist, New Zealand

"As a First Nations woman, social worker and wellness facilitator, Mind Medicine Australia provided a wonderful opportunity to be included in the development of this space with regards to future clinical treatment. I was exposed to insightful knowledge, new skills and areas to reflect on. I was able to be included in a safe and respectful way. Thank you - with kindness and gratitude." Michaela Mitchell, Social Worker, TAS

"As a therapist, I found the training and resources provided by MMA to be truly transformative. The team is not only incredibly knowledgeable but also warm, supportive and deeply passionate about the work they do. The experience was a perfect blend of rich information and practical insights, allowing me to consolidate and expand my understanding of psychedelic therapies. Every session felt like a step forward in my professional journey, and I left feeling more equipped, inspired, and connected to this powerful field of healing. I can't thank the team enough for their dedication to advancing this amazing field. Forever thankful to the team." Sarah Mounajed, Psychotherapist and Counsellor, NSW

"CPAT was an eye-opening experience I will cherish for a long time to come. It was informative, nourishing and inspiring to be part of. I'm so grateful to have been involved in something so beautiful and can't wait to see where it takes me!" Andie Street, Registered Nurse, NSW

"CPAT was one of the most profound experiences of my life. I learnt to embrace my light and darkness and I'm completely comfortable with that. The course has a great balance between a scientific approach, humanistic and spirituality. The facilitators are all different and show us that we have different approaches to helping people and how we can all work together so well! I feel so



fortunate to have shared the space created by Trudi, Scott, Lauren, Eli, David and Jimena!" **Domenico Colosimo-Minniti, VIC** 

"MMA have assembled the perfect team and reminded the perfect structure to create an experience that, for me, was fundamentally transformative. I am incredibly grateful for what I have learned on this course, both in terms of myself, and in terms of how I can better serve and support others." Hayden Richards, Emergency Physician, VIC